

Table 1

Landmark/cun	Midline	0.5 cun lateral	2 cun lateral	3 cun lateral	4 cun lateral		
0.5 up Notch	Ren 22						
Manubrium	Ren 21						
1st intercostal space	Ren 20				St14		
2nd I S	Ren 19				St15		
3rd IS	Ren18				St16		
4th IS	Ren17				St17 nipple		
Sternalcostal angle (8)	Ren16						
7 cun above umbilicus	Ren15						
6 cun above umbilicus	Ren14		ST19				
5 cun above umbilicus	Ren 13		St29				
4 cun above umbilicus (midpoint)	Ren12		St21				
3 cun above umbilicus	Ren11		St22				
2 cun above umbilicus	Ren10		St23				
1 cun above umbilicus	Ren9		St24				
Umbilicus	Ren8		St25		Sp15		
1 cun below umbilicus, 4 cun above pubic symphysis	Ren7		St26				
1.5 cun below umbilicus	Ren6				Sp14 (1.3)		
2 cun below umbilicus	Ren5		St27				
3 cun below umbilicus	Ren4		St28				
4 cun below umbilicus, 1 cun above pubic symph	Ren3		St29	Zi Gong xue			
Pubic Symphysis, 5 cun below umbilicus	Ren2		St30				